K-8TH GRADE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmeals.com This institution is an equal opportunity provider. Menu Subject To Change Served With Milk Apple, Fruit Punch Juice (14 CHO		1 HOTDOG	2 CHICKEN NUGGETS	3 SALISBURY STEAK
		½ C Fruit ¾ C Carrots (11 CHO) Turkey Hot Dog (2 M - 1 CHO) Hotdog Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO)	½ C 100% Juice % C Green Beans (11 CHO) Chicken Nuggets (2 M/1 WG - 16 CHO) Ketchup Packet (1 CHO)	½ C Banana (21 CHO) ½ C Corn (9 CHO) ½ C Mashed Potatoes (20 CHO) Meatloaf Patty (2 M - 3 CHO) Beef Gravy (9 CHO) Dinner Roll (1 WG - 12 CHO - 1 E)
6 FLUFFY CAKES & LINKS	7 HAMBURGER	8 DOGS IN A BLANKET	9 CHEESE DIPPER	10 POPCORN CHICKEN BOWL
½ C 100% Juice* ¾ C Tater Tots (20 CHO) Breakfast Sausage (1 M - 2 CHO Pancakes (1 WG - 20 CHO - 1 E) Syrup Cup (30 CHO) Ketchup Packet (2 CHO)	1/2 C Applesauce (14 CHO) 3/4 C Seasoned Beans (52 CHO) Beef Patty (2 M-12 CHO) Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO)	1½ C Fruit 34 C Carrots (11 CHO) Mini Corn Dogs (2 M/2 WG - 28 CHO- 6E) Ketchup Packet (2 CHO)	½ C 100% Juice ¾ C Green Beans (11 CHO) Cheese Stuffed Breadsticks (2 MMA/2 WG - 42 CHO - 2 E) Marinara Cup (14 CHO)	½ C Banana (21 CHO) ½ C Broccoli (3 CHO) ½ C Mashed Potatoes (20 CHO) Breaded Popcorn Chicken (1 WG/2 M - 14 CHO - 12 E)
13 CHICKEN TENDERS	14 WONDEROUS WAFFLE	15 QUESADILLA	16 BREAKFAST PIZZA	17 SWEET THAI BOWL
½ C 100% Juice % C Broccoli (5 CHO) Chicken Tenders (2 M/2 WG - 16 CHO) BBQ Packet (5 CHO)	1/2 C Applesauce (14 CHO) 3/4 C Toter Tots (20 CHO) Breakfast Sausage (2 M - 2 CHO Waffle (1 WG - 16 CHO - 1 E) Syrup Cup (30 CHO) Ketchup Packet (2 CHO)	½ C Fruit ¾ Fiesta Beans (54 CHO) Cheese Quesadilla (2 M/2 WG - 31 CHO - 3 E) Taco Packet (2 CHO)	½ C 100% Juice % C Maple Cinnamon Carrots (11 CHO) Breakfast Pizza (1 M/1.5 WG - 25 CHO)	½ C Banana (21 CHO) ¾ C Green Beans (11 CHO) Sweet Thai Chicken Chunks (2 M/1 WG - 23 CHO) ½ C Stir Fry Rice (1 WG - 25 CHO)
20 ENGLISH MUFFIN	21 CHICKEN PATTY	22 CHEESE PIZZA	23 HOTDOG	24 SAUSAGE N' BISCUITS
½ C 100% Juice* ¾ C Tater Tots (20 CHO) English Muffin (2 WG - 14 CHO) Egg Patty & American Cheese (2 M - 2 CHO)	½ C Applesauce (14 CHO) ¾ C Carrots (11 CHO) Chicken Patty (2 M- 22 CHO) Hamburger Bun (2 WG - 27 CHO) BBQ Packet (5 CHO)	½ C Fruit ½ C Wango Mango Juice (14 CHO) Cheese Pizza (2 MMA/2 WG -½ C V - 38 CHO)	½ C 100% Juice* ¾ C Seasoned Beans (52 CHO) Turkey Hot Dog (2 M - 1 CHO) Hotdog Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO)	½ C Banana (21 CHO) ¾ C Broccoli (5 CHO) Turkey Sausage (1 M - 1 CHO) Buttermilk Biscuit (1 WG - 18 CHO) Jelly Cup (14 CHO)
27	28 CHICKEN NUGGETS	29 CHEESE DIPPER	30 FRENCH TOAST	31
CLOSED	½ C Applesauce (14 CHO) ¾ C Green Beans (11 CHO) Chicken Nuggets (2 M/1 WG - 16 CHO) Ketchup Packet (1 CHO)	½ C 100% Juice* ¾ C Corn (17 CHO) Cheese Stuffed Breadsticks (2 MMA/2 WG - 42 CHO - 2 E) Marinara Cup (14 CHO)	½ C 100% Juice* ¾ C Toter Tots (20 CHO) French Toast (1.5 WG - 1.5 MMA - 28 CHO) Syrup Cup (30 CHO)	